



ROTARY SURAT RIVERSIDE

CLUB NO. 31734 ZONE 5 CHARTER DATE : 26-06-1996

ROTARY YEAR 2002-2003

Bhichai Rattakul
R. I. President

Jatin Bhatt
Dist. Governor

Rtn. Mukund Jariwala
President

Rtn. Ramesh J. Jaitane
Bulletin Editor

**We meet every Tuesday at 8.30 p.m. at Dr. Bhacca Rotary Hall, Jeevan Bharti, Surat
All our meets are Dinner meets.**

Bulletin Series 07-10-11

Past meeting on 7 October, 2002

A revealing discourse on Osteoporosis:

'Give it a break -> check yourselves -> check your bones' was the mantra on the evening at the basement auditorium at The Mahavir Cardiac Hospital. And revealing it all was President Elect Dr. Ajay Bhardwaj.

The welcome to this joint meet was addressed by President Naresh Bhakta of Rotary Club of Udhna followed by a brief speech by President Mukund Jariwala wherein he recognized with thanks blood-donors from our club and an update on Rtn. Aparbha's health for whose recovery we are all longing for and praying for.

The discourse on Osteoporosis was not just a speaker meet but a complete guide to one's personal ortho-care.

Dr. Ajay told us everything that evening on what to do and what not to do for the upkeep of one's skeletal structure in his very lucid and unique style. One of the revealing facts was that our bones keep growing And degenerating too. Anna were really active this time round in the interactive session some of whom were seen worried about their wards' growth. "Leave it to the nature, nature takes care of the calcium balance in the body" was the indication of *doctorsahab* on a worried mother's question. Handouts were also distributed to enable one to calculate the daily calcium intake to keep an upper balance of growth over degeneration of bones.

Notable audiences that evening included Shri Ravindrabhai Vepari, a well-noted Chartered Accountant of Surat & Shri Shantibhai Bachkaniwala, a renowned industrialist of Surat.

The meeting concluded with proposal of vote of thanks by PP. Sunil D'souza who expressed in a lighter way, how difficult it was for him to explain the subject 'Osteoporosis' to one of his patients comparing the simplified version by Rtn. Ajay Bhardwaj. Acknowledgements were accorded to the hospital management for letting us use their well-equipped and spacious auditorium.

Lets all hope to have more educative sessions in the coming days.

NEWSMAKERS

Rotary Youth Leadership Award Program (RYLA)

All the twelve Rotary clubs of Surat will be jointly hosting the RYLA Program to be held in Surat from 26th. December to 29th. December 2002.

Two of our club members have made our club proud P.P. Rtn. Dr. Sunil D'Souza has been nominated as the Camp Leader and P.P. Rtn. Arvind Kumar as the Camp Co-ordinator for the RYLA Camp.

Congratulations to both of you.

Forthcoming Meetings

Date : 19th October 2002 Saturday

Dandia Ras {Garba} Navratri celebrations

Host : Rtn Dr. Ajay Bhardwaj & Family

Venue : Vesu { Approach map enclosed Page 4}

Time : 8.00 pm

Dresscode: Traditional

Prizes to be won: Best Male Dancer
Best Female Dancer
Best Annet Dancer

Dinner will be served at the venue

Date : 24 October 2002, Thursday

{Meeting postponed from 22nd Oct}

Agenda : Vocational Awards Presentation

Venue : Samrudhi Hall, Nanpura

Chief Guest : Mr. H.S. Kohli,
President Reliance Industries Ltd., Hazira

Time : 7.30 pm Dinner

8.30 pm Meeting

The meeting is being jointly organized with The Rotary Club of Udhna

Dinner will be served at the venue

Birthday Wishes

- 18.10.02 Rtn. Vaishali V Chauhan
Tel : 3241038 @
- 19.10.02 Rtn. Phiroze M.Madan
Tel : 8339923 @
- 19.10.02 Rtn. Sunil L.D'souza
Tel : 3650505 @

Polio – Surgical Correction Camp ----Report by Rtn.Dr.Ajay Bhardwaj

Three orthopedic surgeons from our district PDG. Dr. Manoj Desai, Rtn. Dr. Mrugank Merchant both from Vadodara & myself left on the 1st Oct. and reached Bahraich in Dist 3120 at about 120 km north of Lucknow by night time.

The camp started on 2nd Oct – Gandhi Jayanti day. We were assisted by a local surgeon at whose hospital this was being organized and another Ortho. Surgeon from Lucknow. For 3 days repeated from 8am till about 7pm, we only dreamt about polio pre – operation assessment surgical correcting and post operation management.

Total no. of patients were 137 and no. of operation done were 261. The follow up will be done by the surgeon of Bahraich. Callipers were measured while they were there and will be given to them during their follow up. One of the most important aspects of this camp was the extreme care taken by Pdg. Dr. Manoj Deasi to ensure that 1) the camp should not become an exercise in numbers game and 2) that the gain of the operation should go on to its logical conclusion i.e an independently mobile child either with or without callipers. Arrangement for both tricycles – wheelchairs had been made. A mobile road van of Dist. 3120 has been used for transporting patient for the follow up.

Lastly I would like to put on record the extreme courtesy and care that the Rotary club of Bahraich extended to us. Right from picking us up from Lucknow & dropping us there, they treated us extremely lovingly and kudos to this extremely well knit club, which managed the camp extremely well. The club again proved the strong bond that Rotarians have for each other.

The following members were ambassadors to Rotary Club of Navsari at the Intercity hosted by them on the 6th October 2002. Sunday. President Mukund Jariwala, IPP Jugal Shinglot, PP Dr. Sunil Dsouza, Rtn. Tasneem Doctor, Rtn. Mehul Shah, Rtn. Bankim Vashi, Rtn. Preeti Jariwala & Spouse Rtn. Mazar Doctor.

Our club registered the highest number of participation at the Intercity from the Surat area clubs.

Last Call - Sport lovers

Rotarians, Anns and Annets are requested to contact either Rtn. Myden Lokhandwala or President Mukund Jariwala at the earliest before the 20th of October for participation in sports events (including cricket) for the district as well as the Surat local clubs.

Score Board of Attendance on 07/10/02

Rotarians	: 28
Anna/spouse	: 16
Annets	: 6
Guests	: 3
Total	: 53

**This Month
is
Vocational
Service
Month**

Forthcoming District Events

Date: Sunday, October 20th 2002

Business-Human Relations Conference

Host: Rotary Club of Bharuch

Venue: Shroff Punamchand Devchand Rotary Hall
M.I.Patel Rotary Youth Center, Station Road, Bharuch

SAND OR STONE?

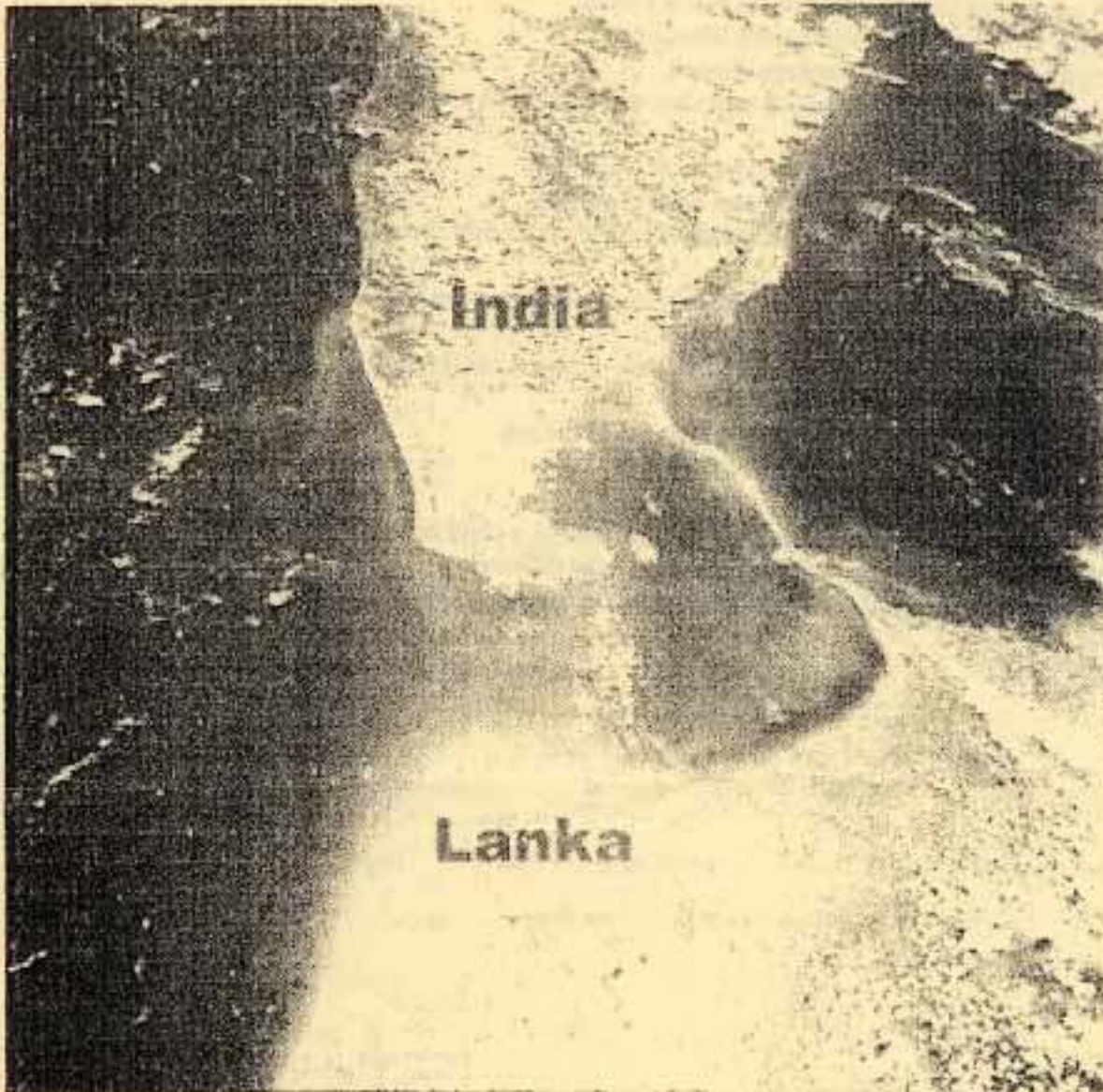
A story tells that two friends were walking through the desert. In a specific point of the journey, they had an argument, and one friend slapped the other one in the face. The one, who got slapped, was hurt, but without anything to say, he wrote in the sand: TODAY, MY BEST FRIEND SLAPPED ME IN THE FACE."

They kept on walking, until they found an oasis, where they decided to take a bath. The one who got slapped and hurt started drowning, and the other friend saved him. When he recovered from the fright, he wrote on a stone: "TODAY MY BEST FRIEND SAVED MY LIFE" The friend who saved and slapped his best friend, asked him, "Why, after I hurt you, you wrote in the sand, and now you write on a stone?" The other friend, smiling, replied: "When a friend hurts us, we should write it down in the sand, where the winds of forgiveness get in charge of erasing it away, and when something great happens, we should engrave it in the stone of the memory of the heart, where no wind can erase it"

1. Learn to write in the sand, when you have difference and hurt feelings with your friend.

2. Learn to write on stone when your friend had some thing done really good to you.

Rtn Dinesh Bachkaniwala



Space images taken by NASA reveal a mysterious ancient bridge in the Palk Strait between India and Sri Lanka. The recently discovered bridge currently named as Adam's Bridge is made of chain of shoals, c. 18 mi (30 km) long.

The bridge's unique curvature and composition by age reveals that it is man made. The legends as well as Archeological studies reveal that the first signs of human inhabitants in Sri Lanka date back to the a primitive age, about 1,750,000 years ago and the bridge's age is also almost equivalent.

This information is a crucial aspect for an insight into the mysterious legend called Ramayana, which was supposed to have taken place in tredha yuga (more than 1,700,000 years ago).

In this epic, there is a mentioning about a bridge, which was built between Rameshwaram (India) and Srilankan coast under the supervision of a dynamic and invincible figure called Rama who is supposed to be the incarnation of the supreme. This information may not be of much importance to the archeologists who are interested in exploring the origins of man, but it is sure to open the spiritual gates of the people of the world to have come to know an ancient history linked to the Indian mythology.

Thought for the week

"The truth is that many people set rules to keep from making decisions"

Some famous quotes by Navjot Singh Sidhu

There is light at the end of the tunnel for India, but it's that of an oncoming train which will run them over.

*Experience is like a comb that life gives you when you are bald.

*Kenya in South Africa was like a mountain having labour pains.

*India look like a crippled cobra whose fangs are clipped.

*Wickets are like wives - you never know which way they will turn! If ifs and buts were pots and pans, there would be no tinkers!

* That ball went so high it could have got an airhostess down with it.

* Statistics are like miniskirts, they reveal more than what they hide

* Sri Lankan score! is running like an Indian taxi meter. He is like an Indian three-wheeler, which will suck a lot of diesel but cannot go beyond 30!

*The Indians are going to beat the Kiwis! Let me tell you, my friend, that the Kiwi is the only bird in the whole world, which does not have wings!

* The gap between bat and pad is so much that I would have driven a car through it!

* As uncomfortable as a bum on a porcupine.

* The ball whizzes past like a bumblebee and the Indians are in the sea.

* The Indians are finding the gaps like a pin in a haystack.

* He is a dibble dobbly bowler.

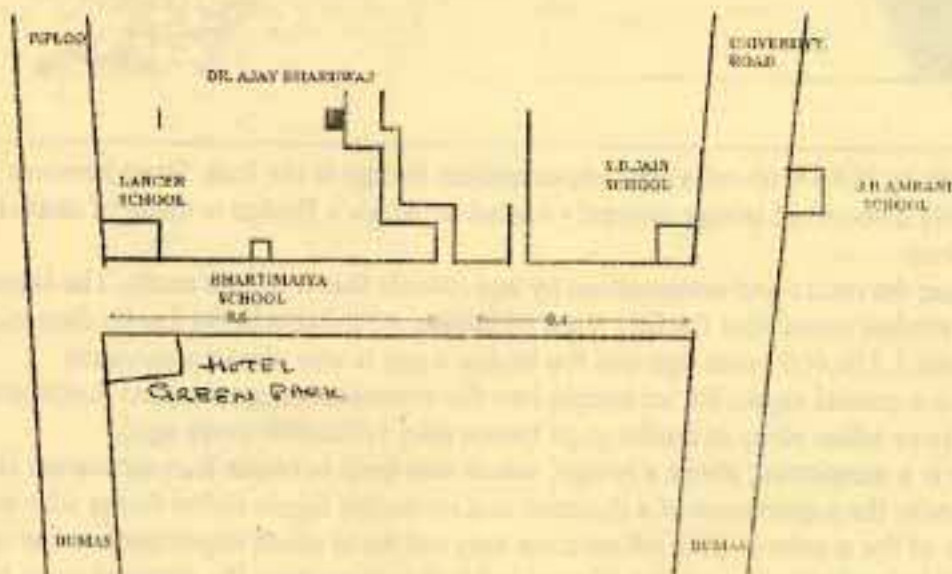
* The pitch is as dead as a dodo. *Deep Dasgupta is as confused as a child in a topless bar!

* We are all Adam's children - it's just the silk that makes all! the difference!

The way Indian wickets are falling reminds of the cycle stand at Rajendra Talkies in Patiala. one falls and everything else falls!

Courtesy contribution - PP Dr Sunil D'souza

APPROACH MAP TO RTH DR AJAY BHARADWAJ RESIDENCE.
THE VENUE FOR 19TH OCT SATURDAY GARBA DANCE
NAVRATRI CELEBRATION MEET AT 8 PM.
THIS WILL BE A DINNER MEET. ALL TO COME IN
TRADITIONAL DRESSING



Go 0.6 km from Lancer Army School or 0.4 from S.D. Jain School and turn L/R by to gain with signpost saying New Royal + Luxmi Bunglows.

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